

Establishing a Back to School Routine

A large, vibrant red apple is the central focus, resting on a stack of several books. The background is a soft, light blue gradient. The text is overlaid on the image in a bold, black, sans-serif font.

- **Make a List**
- **Establish a Bedtime Routine**
- **Get a Calendar**
- **Schedule Tasks**
- **Plan Ahead**

Courtesy of stayinghomewithmyson.com